

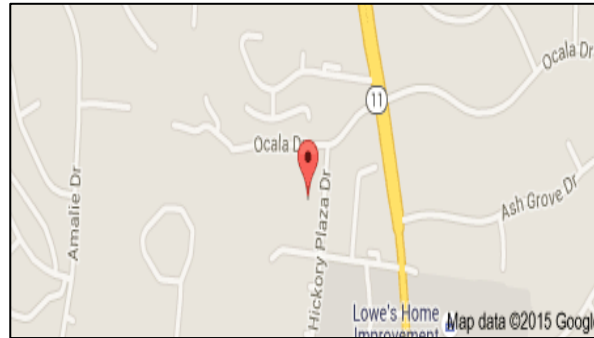
Amenities

Bethany Health and Rehab offers the following amenities:

- *Private rooms, including private bathrooms*
- *Flat Screen HDTV*
- *Wi-Fi complimentary and complimentary laptops are available*
- *Culinary specialist*
- *Restaurant Style Menu Selection*
- *Dine privately, in our Café, or our main dining hall*
- *Recreational activities and professional entertainment*
- *Barber and Beauty Shop*

Bethany

HEALTH & REHABILITATION



**421 Ocala Drive
Nashville, Tennessee 37211**

We are conveniently located close to Brentwood and several local hospitals. Easy access to all interstate interchanges.

Phone
(615)-834-4214

Fax
(615)-627-0610

ADMISSIONS (615)-969-2700
All pts. Are admitted to Bethany Health and Rehab without regard to race, religion, sex, origin, handicaps



Bethany

HEALTH & REHABILITATION

The road to recovery begins with us

A Five Star Medicare Rated Facility





Physical Therapy

Physical Therapy focuses on functional mobility, strength, balance, and walking. Our therapy team uses our spacious rehab gym to help each individual regain functional skills and confidence. We have one of the few Zero-Gravity Machines and a Lift Gait Sit to Stand Machine.

Occupational Therapy

Occupational Therapy assists patients in improving control over the upper-body functions that are essential for routine daily living activities. Our rehab facility features a simulated apartment equipped with a kitchen, bath and bed in order to focus on home-training, safety and functional independence.

Speech and Respiratory Therapy

Speech Therapy Services assists patients in the areas of communication abilities and swallowing dysfunction. We provide Vital Stem Therapy. Comprehensive services are provided to help patients regain dining independence and safety while



The Wound Program

Our wound team is an interdisciplinary approach to wound healing. The team consists of nurses, MD, GNP, PT, certified wound specialists and CNAs. We specialize in all types of wounds: chronic and acute pressure ulcers, vascular ulcers, diabetic ulcers, and surgical wounds. We have been recognized by the State of Tennessee Survey Team as having a "State of the Art Wound Care Program," and we pride ourselves in developing individualized plans of care for each unique case.

Community Re-Entry

The Community Re-Entry Program includes visits to a local grocery store or restaurant with members of the therapy team. Home evaluations are available before discharge. A member of the therapy team will make a visit to the home and offer suggestions on ways to customize your therapy program to fit your individual needs. We will also assess safety concerns and make suggestions for adaptive equipment.

At Bethany, our dedicated nursing staff of RNs, LPNs, NPs, RT staff, and Certified Nursing Technicians work as a team to provide the highest quality care and offer the following services to start you on your road to recovery:

- **Orthopedic Recovery:** Serious fractures, hip and knee replacements, amputation.
- **Stroke Recovery:** mild, moderate and acute episodes.
- **Respiratory Management:** Emphysema, Pneumonia, oxygen therapy, COPD, BIPAP and CPAP.
- **Cardiac Recovery:** Heart Attack. Congestive Heart Failure, Heart Surgery.
- **Diabetes Management**
- **Vascular/ Wound Management:** pressure ulcer, surgical wounds, burns, vascular surgery.
- **Medically Complex:** serious accidents, multiple conditions such as digestive disorders, kidney problems, terminal care.
- **IV Therapy**
- **Vestibular Treatment**
- **Myofascia Treatment**

